

# GEMS

## December 2024

A Meal Program for Older Adults living in the RM of Macdonald

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 La Salle @ 11:45 <b>Pork Cutlets</b>	3	4 Starbuck @11:45 <b>Salmon</b>	5 Sanford @11:45 <b>Homemade Soup</b>	6 <b>Holiday Luncheon</b> <b>Starbuck</b>	7
8	9 La Salle @ 11:45 <b>Holiday Meal</b>	10	11 Starbuck @11:45 <b>Holiday Meal</b>	12 Sanford @11:45 <b>Holiday Meal</b>	13	14
15	16 Brunkild@ 11:45 <b>Holiday Meal</b>	17	18 Starbuck @11:45 <b>Meatloaf</b>	19 Sanford @ 11:45 <b>Chili</b>	20	21
22	23 No Meal	24	25 No Meal <b>Christmas Day</b>	26 No Meal <b>Boxing Day</b>	27	28
29	30 No Meal	31	1 No Meal	2 No Meal	3	4

Please call Leanne at 204-736-2255 to sign up no later a couple days before each week's meals.

**We will try to accommodate special dietary requests.**

**Please call ahead to confirm.**

Menu subject to change.

**\$10 per person**